

		Unit ID: 1845
Domain	BEAUTY THERAPY	
Title:	Exfoliate the skin	
Level: 3	Credits: 3	

Purpose

This unit standard is intended for those who exfoliate the skin. People credited with this unit standard are able to determine the method of exfoliation; apply the exfoliator and remove the exfoliator.

This unit standard is intended for those who work as beauty therapists.

Special Notes

1. Entry information:
Prerequisite
 - Unit 1157 - *Demonstrate basic knowledge of workplace health and safety*
2. Assessment evidence may be collected from a real workplace or a stimulated workplace or an appropriate simulated environment in which beauty therapy services are carried out.
3. All inspection, operation and maintenance procedures associated with the use of tools and equipment shall comply with manufacturers' specifications and/or workplace guidelines and instructions.
4. Glossary of terms:
 - 'Exfoliation' refers to the process of removing dead skin cells
 - 'Exfoliator' refers to the medium used to perform the exfoliation
 - 'Residue' refers to a small amount of something after the main part has been removed
 - 'Granular scrub' refers to an exfoliator containing granules
 - 'Enzymes scrub' refers to an exfoliator that contains chemicals
 - 'Gommage' refers to an exfoliator that is removed from the skin by rubbing gently
5. Regulations and legislation relevant to this unit standard include the following:
 - Labour Act, No. 11, 2007.
 - Occupational Health and Safety Regulations No. 18, 1997 and all subsequent amendments.
6. Performance of all elements in this unit standard must comply with industry standards.
7. This unit standard applies to all beauty therapists and range of people from different social, cultural or ethnic background.

Quality Assurance Requirements

This unit standard and others within this subfield may be awarded by institutions which meet the accreditation requirements set by the Namibia Qualifications Authority and the Namibia Training Authority and which comply with the national assessment and moderation requirements. Details of specific accreditation requirements and the national assessment arrangements are available from the Namibia Qualifications Authority and the Namibia Training Authority. All approved unit standards, qualifications and national assessment arrangements are available on the Namibia Training Authority website www.nta.com.na.

Elements and Performance Criteria

Element 1: Determine the method of exfoliation

Range

Types of exfoliation methods may include but not limited to manual, electrical and chemical.

Types of exfoliation products may include but not limited to granular scrub, enzymes scrub, gommage, two in one peel off scrubs.

Performance Criteria

- 1.1 Types of exfoliator are selected according to client skin.
- 1.2 Exfoliator is prepared according to the client needs.
- 1.3 Client's skin is prepared and heated for the deep cleanse/exfoliation.

Element 2: Apply the exfoliator

Range

Applying the exfoliator may include but not limited to using hands, brushes and spatula and exfoliation machines.

Performance Criteria

- 2.1 Exfoliator products are selected according to client needs.
- 2.2 Exfoliator products are applied according to manufacturer's specifications.
- 2.3 Duration of the exfoliation is monitored.
- 2.4 Client's reaction is observed during the treatment.
- 2.5 Exfoliation techniques is used to minimize any discomfort to the client and leave the skin smooth, and free of any surface residue and products.

Element 3: Remove the exfoliator

Range

Removing the exfoliator may include but not limited to using hands, peeling off and washing the face.

The tools to remove the exfoliator may include but not limited facial sponges, facial mittens and face towels.

Performance Criteria

3.1 Exfoliator is removed according to the product specification.

3.2 Client's skin type is cleansed after the treatment.

Registration Data

Subfield:	Cosmetology
Date first registered:	29 November 2018
Date this version registered:	29 November 2018
Anticipated review:	2023
Body responsible for review:	Namibia Training Authority